

EMDR NZ Association Board Meeting

10 March 2022 6.15pm

Attending: Anne Woodside, Astrid Katur, Patrice Bourke, Glenda Wallace, Janine Van Blerk, Irene Begg, Nici Scott-Savage,

Apologies : Diane Clare, Kay McKenzie,

Chair: Anne Woodside

Minutes: Glenda Wallace

Minutes from the last board meeting - 10th February 2022

Minutes were agreed upon. Proposed by Astrid and seconded by Anne

Matters arising:

- **Action:** Astrid invited Ian Wood to Board meeting
- **Action:** Pacific Island training. Anne requested an invoice from Tom Flewett and was informed Australasian Psychiatry Board have offered to cover costs.
- **Action:** Indra uploaded Arianne Struik training to website and Arianne had sent information to all her ex-participants.
- **Action:** CIT's – carried over until March 2022 meeting

Agenda

- **Financial** - details have available due to bereavement
- **Accredited Practitioners** – None this month
- **Research request** – Kelly McGillivray has requested to send a survey as part of her research to EMDR practitioners in Aotearoa/New Zealand. Discussed. **Action:** Anne to reply and ask Indra to send survey request to members.
- **Application to become member of EMDRNZ** – Request from Graham Taylor and Anna Redgrave. Discussed and agreed our criteria is person has to be registered in Aotearoa/New Zealand as a mental health practitioner.

Graham Taylor is not registered with New Zealand Psychology Board and his application is denied.

Anne Redgrave is registered with her professional body NZAC and her application is accepted. Proposed: Astrid seconded Anne.

Action: Anne to reply to both applicants. Glenda to ask Indra to add the following to the website. *'To become a member of EMDRNZ we require applicants to provide evidence they have registration in Aotearoa/New Zealand as a Mental Health practitioner and membership of appropriate Professional Body i.e. NZ Psychology Board, NZ Medical Board, NZAC'*

- **Application for cross accreditation for Case Consultant.** – Board has received a request from Fran Brinn, member of EMDRIAA, Accredited Practitioner and Consultant to have their Case Consultant status accredited in Aotearoa/New Zealand. Discussed differences between hours required to become a Case Consultant in Australia and Aotearoa/New Zealand and we require a EMDR NZ Case Consultant to present to the Board. Application denied. Proposed Glenda seconded Astrid. **Action:** Anne to let Fran Brinn know the Board's decision Glenda to ask Indra to add the following to website. *'Case Consultants applying to EMDR NZ from overseas or who are accredited with an overseas EMDR association are required to confirm with an EMDR NZ accredited case consultant that they meet all the requirements as outlined in the EMDR NZ accreditation regulations. The EMDR NZ case consultant will then forward their application to the board the same way as for any other applicant'*
- **Hours towards Accredited Practitioner pathway.** Question from Tal Moore and Chris Garvie on whether the G-TEP hours count towards the accreditation client hours. Discussed and decided only individual session count, as in general there is less information gathered, case formulation or treatment planning done, as well as general EMDT therapy hours overall involved for the group sessions compared to individual EMDR therapy. The Board felt the accreditation process signifies a significant number of hours spent with the clients and this contributes to the skill and experience we associate with the accreditation. Proposed Anne seconded Irene. **Action:** Astrid to let Tal Moore and Chris Garvie know of decision.
- **Case Consultants in Training (CIT's)** – request from a Case Consultant into how to add CIT to website. Discussed purpose of CIT being on website to offer supervision and supervisee can assume CIT has a certain amount of knowledge. Agreed from 2022 Case Consultant is required to sign off and evidence CIT has attended up to date training prior to request to add name to website. Proposed: Glenda seconded Irene. **Action:** Astrid to let Mary Anne Stevens and Emma Heaney-Yeatts know of Board decision. Glenda to ask Indra to add following to website *'From 2022, new Case Consultants in training can be added to the EMDR website by request of the case consultant they are working with and after confirming that they have observed a Basic Training (part 1&2) within the last 12 months. We thereby hope to be able to re-assure EMDR NZ members that they will be able to access high quality supervision based on the latest version of the training with any CIT.'*

A.O.B.

- Following suggestion from Diane Clare about roles in Board meetings. Indra asked if she can take the minutes and she is unable to. It is decided secretary can take minutes and be part of the discussion. Glenda proposed each year we orientate new Board Members to roles and responsibilities i.e. attendance, how meetings are run, historical update etc. **Action:** To be placed on agenda for April meeting
- Conference update. Ian Wood wanted to attend today and was sent a zoom request however had conflicting demands. Discussion on day of month for future meetings

for next agenda. Patrice informed us of date change for conference and to now be 18th, 19th and 20th November 2022 and Patrice and Astrid are to visit The Beehive to look at available space.

Date and time of next meeting: 14th April 2022 at 615pm.

Meeting closed at 716pm.