

EMDR NZ Association Board Meeting at 8th April 2021 at 6.30pm

Attending: Astrid Katur, Kay McKenzie, Roos Van der Wees, Patrice Bourke, Glenda Wallace, Nici Scott- Savage, Janine Van Blerk, Anne Woodside, Diane Clare.

Apologies: None

Chair: Anne Woodside

Minutes: Glenda Wallace

Minutes from the last board meeting 11th March 2021.

Minutes were agreed upon. Proposed by Anne and seconded by Astrid.

Matters arising:

- **Action:** Research group not meet to date
- **Action:** Indra sent out AP certificate to Marna Dreckmeier-Meiring,
- **Action:** Pathways to training sub group meet and item on agenda
- **Action:** Anne has contacted EMDRAA chair and item on agenda
- **Action:** Conference Organisers group feedback on agenda
- **Action:** Indra has put statements regarding complaints on website
- **Action:** Emails connect with Derek Farrell been received by Conference Organisers

Agenda-

1. Finances

The EMDRNZ bank balance is \$59,225.20

We need to develop a plan for the funds so as to able to justify not paying tax.

All incoming funds since last meeting were membership subscriptions.

Outgoing were \$700 for administration services.

And \$767.05 for Zoom.

We have 353 members.

If anyone knows of upcoming costs please let Kay know especially related to Conference.

Proposed Kay Seconded Glenda. Passed.

2. **Minutes-** Glenda updated Board in purpose of minutes. Agreed by all, the minutes as 'fit for purpose'

3. Applications:

Accredited Practitioners. Mark Littlewood, Clinical Psychologist, meets all criteria as clinician. Astrid proposed and seconded by Nici.

Action: Indra to send out certificate

4. Reaccreditation for Case Consultant- Irene Begg presented Glenda Wallace as fulfilling all requirements to be reaccredited as a Case Consultant.

Proposed Kay, seconded Diane. Passed.

Action: Indra to send out certificate

5. Eligibility to train in EMDR.

Diane contacted Tom Flewett for his criteria to aid this subgroup to look at requirements pre EMDR training, not available to date.

Diane spoke with GROW about requirements for EMDR and pre EMDR training, GROWs capacity to advertise and facilitate any trainings. Agreed the process needs to be slowed at this stage.

Action: Await list from Tom Flewett. Subgroup to meet and bring information back to Board regarding the rationale, criteria and complexity of training information to be shared with GROW.

Proposed Patrice, Seconded Glenda. Passed

6. EMDRAA

Anne had telephone call with the President of EMDRAA, currently based in Auckland, and they discussed membership of NZ practitioners (917), Standards and Accreditation in New Zealand, supervision requests, how to access resources and ACC work.

Action: Anne has invited EMDRAA President and any of their Board members to a zoom meeting to develop a relationship in June 2021.

Action: All members to begin to think about areas of discussion and bring to May meeting

5. Conference

Mark Grant has been approached to speak on Pain. Other speakers will be contacted if unable to secure Mark Grant. Conference to be self face to face (COVID restrictions permitting) at Te Papa, Wellington and to look into streaming.

Action: Patrice, Anne and Indra to advertise, Astrid to explore costs of filming and streaming capacity

6. Research subgroup

This group has not met and to be placed on agenda for May

7. Member update. The Board have been made aware of significant health issues of a previous chair Marie Young. The Board shared their best wishes for a full recovery. The Board agreed to send a card and grocery voucher for \$100.

Proposed Anne, seconded Glenda. Passed.

Action: Glenda to purchase card and voucher and send.

8. Case Consultants in Training (CIT's)

Nici reported the CIT's do not have enough people to supervise, it was not clear who is on this pathway. A reminder the supervision is not to be counted towards anyone's Accredited

Practitioner or Basic training hours. Discussion of holding a Case Consultant training day post the Conference.

Action: Astrid to email Case Consultants who is on CIT pathway. Astrid to provide visual pathway and arrange a training day.

9. AOB

Glenda is unable to make next meeting and someone was asked to volunteer to take the minutes.

Action: Nici volunteered to take minutes

Meeting closed at 8pm

Next meeting Thurs 13th May at 6.30pm

Chair: Anne Woodside

Minutes: Nici Scott- Savage