

## **EMDR NZ Association Board Meeting at 9<sup>th</sup> December 2020 at 6.30pm**

**Attending:** Astrid Katur, Kay McKenzie, Roos Van der Wees, Diane Clare, Patrice Bourke, Janine Van Blerk, Anne Woodside

**Apologies:** Glenda Wallace, Nici Scott- Savage

**Chair:** Astrid Katur

**Minutes:** Anne Woodside

Minutes from the last board meeting 19<sup>th</sup> November 2020 were agreed upon. Proposed by Astrid and seconded by Anne.

### **Matters arising:**

- Irene informed Indra of Accredited Practitioner, Emma Heaney and certificate received
- Indra sent Accredited Case Consultant certificates to Irene Begg and Ranka Margetic-Sosa

### **Agenda-**

1. **Orientation to the board** – Astrid welcomed our new members who each gave a brief introduction and gave a brief overview of our purpose and how the board operates.  
It was agreed to continue with a rotating Chair with Glenda acting as Secretary. Thank you Glenda.  
Sally Jansen Van Vuuren will continue to maintain and update if necessary the newly established website outside of the board. Indra Gaile will continue act as our admin.  
It was agreed by all present that the ongoing Board meetings would be on the 2<sup>nd</sup> Thurs of each month at 6.30pm
2. **Eligibility criteria for EMDR basic training** - Diane raised the issue of finding ways to provide EMDR training to experienced counsellors/therapists who do not reach the threshold for EMDR training as it stands currently. The lack of trained EMDR therapists to provide ACC trauma therapy is the catalyst for this enquiry. **Action:** Diane to share a discussion paper to all Board members to support further debate.
3. **Finances**  
Current bank balance is \$61,897.06  
  
Incoming funds have been conference, training and membership related.  
  
Payments have been to Indra for administration services.  
  
The Financial Statements have been filed with the Companies Office.  
  
Given that Sally Jansen Van Vuuren is no longer on the Board nor so involved in Indra Gaile's work, Indra will send her account to Kay for 5 hours per week, with the expectation that extra hours will be associated with conference registrations, I move that the Board endorses that:
  - Kay has the authorisation to pay Indra Gaile up to 5 hours per week, or more associated with conference registrations, and if the demands for her time exceed those amounts, it is brought to the Board for reconsideration. Proposed Kay, Seconded Anne Passed by the full board
4. **Accredited Practitioners.** Astrid Katur proposed Angela Spencer to the board as having completed all the requirement to become an Accredited Practitioner. Proposed by Astrid, seconded by Kay and passed by the full board. **Action:** Astrid to inform Indra

5. **Conference.** It was agreed that the conference was a great success. Astrid still awaiting an invoice from Phil Mansfield. **Action:** Astrid to contact Indra regarding Survey Monkey response post Conference.

Discussion about next year's Conference and potential speakers. Tal Moore had surveyed the membership about preferred training. **Action:** Astrid to get this data from Indra and bring to the board for discussion. All board members asked to consider potential speakers.

The 2021 conference will have to take place at Te Papa 26<sup>th</sup>-28<sup>th</sup> Nov or we lose costs already paid. A combination of in person and on-line options can be considered. Technical equipment included in the costs.

Volunteers from the Board to help in the organisation of the conference appreciated.

**Action:** ongoing discussion and planning by all board members

6. **Child training** - Arianne Struik emailed Anne enquiring of Board's decision re: child training Level 11. Anne emailed Arianne and informed her of Board's agreement to proceed. Awaiting response from Arianne about possible programme and training dates in 2021. This information will then be included on our website's 'upcoming' training page. **Action:** Anne to follow up in the New Year if necessary.
7. **Accredited Case Consultant criteria** – Roos enquired about the requirement of 300 EMDR sessions and 75 clients. **Action:** Astrid to follow up on this question and bring it back to the board.
8. **AOB.** Astrid brought a request from an EMDR member to advertise a counselling room for another EMDR therapist. In discussion this request was **declined** as being beyond the scope of our association and potentially problematic.

Meeting closed at 7.45pm

Next meeting Thurs 11<sup>th</sup> Feb at 6.30pm

**Chair:** Roos Van der Wees

**Minutes:** Glenda Wallace