

EMDR NZ Association Board Meeting at 8th July 6.30pm

Attending: Anne Woodside, Astrid Katur, Patrice Bourke, Nici Scott-Savage, Janine Van Blerk, Diane Clare, Glenda Wallace, Kay McKenzie

Apologies : Roos Van der Wees,

Chair: Anne Woodside

Meet and Greet

Meet and greet with Vania Miteva Chair of EMDRAA and Miriam Dexter EMDDRAA Board. Apologies from Pam Brown.

The EMDRNZ Board welcomed Vania and Miriam and introductions were made with all present. General areas of potential discussion for the future were raised and we agreed to make consider small groups and share information.

Action: Vania and Miriam to send some thoughts on criteria for basis of sharing information between EMDRAA and EMDRNZ.

Minutes: Glenda Wallace

Minutes from the last board meeting 10th June 2021

Clarification- Not for profit status will not be affected by research grants

Minutes were agreed upon. Proposed by Nici and seconded by Patrice

Matters arising:

- **Action:** Research group not yet met to date.
- **Action:** Astrid to email Case Consultants to arrange a training day. Done
- **Action:** Glenda to update on meet and greet with EMDRAA. Done

Agenda-

1. Finances

The bank account is:

\$70,252.51 CR

Incoming money has been for membership and conference and workshop

Outgoing money has been for administration services and a bereavement koha

Coding and accounting is up-to-date

Proposed: Kay, Seconded Glenda. Passed.

2. Applications:

Accredited Practitioners.

Irene Begg presented Diane Clare to be accepted as an Accredited practitioner.

Passed. **Action:** Glenda to ask Indra to send certificate

3. Conference Update

Patrice updating.

- Friday 25th November– will be the conference.
- Registrations started
- Meeting with Te Papa finalised large room which holds 100 people. To consider if we hold a refresher day on the Thursday before Conference.
- **Action:** Patrice and Indra to make sure the date is on the website and for people to indicate if they are interested.
- Abstracts being provided including -Cultural Competencies; Finishing Therapy; 'Secret keeper', sculptures and book on Journey of dissociation; case presentation; and possible presentation with child theme and one on bi polar

4. Pathway Group - Eligibility to train in EMDR.

Diane updated us on the groups meeting, acknowledging Tom Flewett's huge document on the requirements for reaching eligibility for training and for participants to be engaged in critical thinking.

Considerations

1. Encourage eligibility for basic training
2. Time consuming task of informing people of eligibility - How to capture information, could this be on EMDR Website?
3. Need to take load off Tom Flewett and Astrid Katzur
4. Longer term risk - pre apprenticeship model; group to meet with Tom and Astrid and consider 'what does content need to look like, risk issues, fidelity to training protocol'

Action: Kay, Diane and Nici to meet. Diane not to liaise with Tom and Astrid at this stage Website to expand on eligibility criteria.

Astrid updated Board from 2022 she will be the only trainer in New Zealand as Tom Flewett will retire. Discussion on the need to train more trainers, what will training schedule look like, how to support Astrid.

5. Research group. Not meet. **Action:** Glenda to send out invite.

6. Recommendation request. Astrid has received a request from EMDR Spain for EMDRNZ to consider writing a recommendation on Dolores Mosquera following her presentation. Passed. **Action:** Astrid to write to EMDR Spain.

7. Child training. 28 people attended. Trainers available for 2022 if required. Ariane to send a list of participants to Astrid for subsidy rebate. **Action:** Kay and Indra to develop an invoice for members. Indra to email on EMDR Members on participants list.

8. RTEP/GTEP. Astrid ran another group two weeks ago and interest has been raised in having a RTEP/GTEP Interest Group as a network for those trained and to run groups together. **Action:** Astrid to speak with Sally and Indra about possibility of having names on website under

'Members Only' area. If this is possible Astrid to ask all participants if they would like their names on the list. Proposed Astrid, seconded Glenda

9. Grow. Astrid updated - she to spoken with Shaun Lines from GROW. Astrid to explain EMDRNZ Association expectations, what we do and why, that we were Institute trained and there were non Institute trained people who would need to redo their training with Institute trainers. Shaun offered for Jenny to work with Astrid. Astrid had conversation with Jenny whose trainings will not fit NZ criteria, Jenny is not looking for work and she has not applied for accreditation under EMDRNZ.

10. AOB

- Diane wishes to have placed on next agenda 'Parachuting'- ACC's wish to have practitioners 'parachute' into other therapist sessions. This is based on a discussion from 2017 supervision group.

- Meeting closed at 802pm

Next meeting Thursday 12th August 2021.

Chair: Anne Woodside

Minutes: Glenda Wallace