

EMDR NZ ASSOCIATION BOARD MEETING

THURSDAY 10TH FEBRUARY 2022 AT 6.30PM

MINUTES

PRESENT: Anne Woodside, Patrice Bourke, Nici Scott-Savage, Astrid Katzur and Irene Begg. Kay McKenzie and Diane Clare present for the first 30 minutes of the meeting

APOLOGIES: Glenda Wallace & Janine Van Blerk

Chair: Anne Woodside

Minutes: Irene Begg in Glenda's absence

Minutes of the previous meeting held on 9th December 2021 were agreed upon. Proposed by Anne and seconded by Astrid

Initial discussion was held to establish that we had a quorum to continue with the meeting. Diane and Kay were only present for the first 15mins and had a pressing issue to discuss. Therefore the order of the agenda was as follows:

1. Finances

Copy of finances not available

- Reimbursement to Kay McKenzie of \$549.90 for Zoom annual fee
Proposed Irene and seconded Anne

2. **Pathway for EMDR as adjunct therapy** for ACC/ISSC Support to Wellbeing clients - Kay and Diane spoke to the board about the ongoing development of the pathway with a small group of EMDR therapists including themselves and 2 others who were recruited onto the project during the Conference. An Innovation Fund provided by ACC could be used to further this initiative and Kay was seeking support from the Board to apply for this fund to provide better education and knowledge to ACC about EMDR. The fund needed to be applied for in Feb hence the urgency. There was discussion about the board involvement and it was agreed that the project would be undertaken by Kay and Diane and for this to be external to the Board.

Board members were supportive of the project applying for the Innovation Funding. There was also some discussion around current EMDR Therapists capacity for such adjunct therapy. Moved by Kay that the project group will complete the work and present to the Board when completed. Seconded Anne

(Diane and Kay left the meeting at this stage)

3. Matters arising:

- **Conference** - Patrice updated the members on the feedback and survey monkey and also the feedback from Mark Grant's training, all mostly positive.
- **EMDRAA 2022 working group** - once Janine is back from leave, Irene and Janine to work on this. An Email from Vania was tabled to say that she is no longer President of EMDRAA but wishes to continue with the trans- tasman collaboration.

- **Allister Bush** email response to letter sent to EMDR Europe Child Trainer Training Committee. Board agreed to fund the cost of Allister Bush's child training to become our First Child Trainer in New Zealand if he is accepted onto the training. Costs still to be advised
 - **Request from Ariane Struik** to put her upcoming Webinar series on Child Trauma and EMDR on the website – Indra has assured me that this was put on the website. I'm also aware that Arianne personally emailed previous attendees of her trainings
4. Agenda:
- **EMDR 2022 Conference proposal.** Patrice is willing to organise the next conference in Wellington and based on the amazing success of the last conference the board gratefully accepted her offer – Proposed Astrid Seconded Anne
 - Further venue options may be considered in the future but not at this stage as we require a Board member to be the convenor. **Action:** Astrid to inform Ian Wood of our decision and to invite him onto the Board
 - **Pro Bono EMDR Basic Training for Pacific Island** clinicians to be provided by Allister Bush and Tom Flewett. Request for \$1000 for materials. Board very willing to support this wonderful initiative. **Action:** Anne to inform Allister and Tom and request an invoice for these material costs
 - **Letter received by Irene Begg from Tony Lipanovic** which she requested be discussed by the board 'in committee'. The Board discussed this "in committee" No further action required
 - **Consultant in training (CIT) status on the website** – further discussion to be had at next full Board meeting. **Action:** on next Board meeting agenda
5. AOB
- Anne informed the Board that she will stand down from the Chair in June and remain a Board member. This is to allow time for others to consider taking on the role.

The meeting concluded at approximately 7.30pm

Next meeting Thurs 10th March at 6.15pm