

EMDR NZ Association Board Meeting at 11th November 2021 6.15pm

Attending: Anne Woodside, Astrid Katur, Patrice Bourke, Roos van der Wees, Janine Van Blerk, Diane Clare, Kay McKenzie, Nici Scott-Savage, Irene Begg

Apologies : Glenda Wallace

Chair: Anne Woodside

Minutes: Roos van der Wees

Minutes from the last board meeting 14 October 2021

Minutes were agreed upon. Proposed by Kay and seconded by Nici

Matters arising:

- **Action:** certificate was sent to Janette Plummer
- **Action:** Astrid wrote up checklist for Case Consultants and Facilitators regarding the pathways group. It has not been added to the website yet.
- **Action:** discuss research document from Glenda has been postponed to next meeting
- **Action:** Diane's flowchart for EMDR parachuting in was sent and will be looked at in the next meeting. She sent it again with a tracker for comments.
- **Action:** Anne sent email to Vania from EMDRAA and Vania replied. Vania will discuss Anne's email at the next board meeting and then reply.
- **Action:** AGM notice was sent out to members
- **Action:** Attendance in person for conference will be discussed later in meeting.
- **Action:** Increase number of trainers will be discussed at the consultant training day

Agenda

1. Conference Update

- The venue has been updated to a much larger room with round tables with four people per table. There will be a registration desk and beautiful views of Wellington.
- There are 16 registrations for the refresher day on Thursday.
- There are 89 registrations for the conference, 46 will be in person as of 11 November 4 PM.
- There are 79 registrations for the two-day workshop with Mark Grant, 34 are in person.
- 12 people have confirmed for the Monday case consultant training day. This event has also been moved to a bigger room.
- John Ferney from Te Papa will run test runs for presenters that present online.
- The online live stream will be managed by a staff member from Te Papa.
- There also will be a staff member from Te Papa available for troubleshooting.
- Anne and Kaye have volunteered to be at the registration desk.

- Food will be served on individual plates.
- Anne thanked Patrice for all her hard work in organising the conference.
- Anne has asked someone to open the conference and will try to arrange appropriate payment. If the person she has in mind does not agree she has someone else in mind.
- Tom Flewett registered for the conference. The board agreed he does not need to pay because of his contribution to EMDR New Zealand this was proposed by Anne and seconded by Kaye.
- Parking is \$12 a day which includes GST.
- An email has been sent to all presenters regarding attendance of the conference meal. Patrice will forward the replies to Anne.
- It was agreed that board members do not need to pay for the conference meal proposed by Roos, seconded by Janine.
- The meal will be at Dockside and we will be in a room upstairs. We agreed on a two course menu. Please email in if you want to add or delete anything from the menu.
- Anne will send out a report for the AGM and would like feedback. She found Glenda's old reports helpful.
- Anne has agreed to stay on as chair until Metz 2022 or until somebody else agrees. Tal Moore has expressed interest in joining the board again and Uta Waterhouse is also interested in joining. Roos will step down.

2. Finances

Bank balance is \$80,751.16 CR

All incoming monies were conference, training or membership related

Outgoing monies were administration services or conference/training refunds and \$12,280.18 for the Springer Journal subscription.

Financial Statement for year ending 31 March 2021 has been completed and signed by Treasurer and Chair, and will be filed with the Companies Office it has been accepted at the AGM and meeting minutes have been completed.

As of 31 October, the income was \$40,183 and based on the earnings from November 2020 to March 2021, I'm predicting that we will be just under the \$60,000 income threshold for GST as of 31 March 2022. The accountant has advised that going a little over may be acceptable. The decision needs to be made about whether to register for GST soon or as of 1 April 2022.

My suggestion is that we continue as we are and register for GST on 1 April 2022, unless we have more income than anticipated and re-evaluate registering at that time. This was agreed upon.

3. Application Consultant:

Ranka proposed for Allistair Bush to become a consultant. The board agreed wholeheartedly for this to be accepted. There also was a request from Tom Flewett to consider allowing Allistair to start training as a child trainer. Usually someone needs to be a consultant for three years before being eligible to train as a trainer. However, there is no pathway in New Zealand for specialist trainers. Allistair has support from two Dutch child trainers; Renee Beer and Carlijn de Roos. If more people are interested in becoming child trainers, we may need to develop a process for New Zealand regarding specialist training.

Action: Anne will write to Carlijn and Renee to support Allistair's training.

4. Financial support to train trainers.

Astrid reported that Gary Quinn, who has been training trainers in Australasia has agreed to offer training to 2 New Zealand people and one Australian person. The people in New Zealand are Mary-Anne Stevens and Tal Moore. The cost for part one will be about NZ\$5000 which will be split between the three people. It is unsure whether he also charges for watching videos. Both part 1 and part 2 of the training would cost about NZ\$9000. The board agreed to subsidise that training for Mary-Anne and Tal. They have agreed to pay the fee for the training, but not any extra costs such as possible travel costs or cost for watching videos. Mary-Anne and Tal are expected to provide 3 weekend one and 3 weekend two trainings in New Zealand within five years of completing the training. If they do not do this or do not complete the training, they will need to repay the subsidy.

Action. Anne will also enquire on the costs for the child training and the board will consider supporting Alistair towards this.

4. Early Intervention Pilot

Astrid is investigating to make EMDR more widely available in the current Covid-19 situation and is investigating offering R-TEP and G-TEP to first-line medical staff. Astrid met with Anne's husband Allan who is a consultant coach/ mentor who has contact with a lot of key people in health. Astrid reported that the research part of this adventure is not easy and asked if anyone knows how to set up research for this pilot project. Janine reported that she also tried to set up research for a different-TEP pilot, and contacted out Tagore University in Wellington. She did not have much success as everyone is very busy. The advice was to either find someone who was willing to do the research as a PhD project, or offer the program first, have good outcomes, and then look at research.

5. Subsidise Child EMDR training March

Astrid asked whether we would subsidise Child training again next year as another training from Renee and Carlijn has been scheduled for March. We all agreed to pay \$250 after people have attended the training. would have to have collaborative model ie.MDT for 'add on' to work

6. Koha for presenters

Patrice will look at the Te Papa shop and maybe have a book voucher for presenters at the conference. Registrations will be open at eight and Astrid has agreed to be master of ceremony.

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Next meeting: AGM