

EMDRNZ Association Board Meeting
14 September, 2023, 18h18 to 19h55

In attendance:

Astrid Katur
Diane Clare
Ian Wood
Janine van Blerk
Kay McKenzie
Patrice Bourke
Sunica Schreiner
Tal Moore

Chair: Astrid Katur

Minutes: Janine van Blerk

Apologies - Nici Scott-Savage, Uta Waterhouse

1. Minutes from previous meeting (10 August, 2023) and Special AGM (30 August, 2023) Minutes (10 August, 2023) were accepted; proposed by Sunica; seconded by Patrice. Minutes (Special AGM) were accepted; proposed by Ian; seconded by Patrice.

2. Matters arising from previous meeting

- Invitation was sent to Mr Clive Banks and Ms Caroline Ripley by Astrid. They will be joining the meeting tonight.
- Sunica and Janine proof-read document for accreditation. It is still a work in progress.
- Patrice spoke to Indra about free membership in the first year. They used 2021-year information that showed that 44 'new' members were given 'free' membership but were not renewed after the first year, and 86 new members were not given 'free' membership from the start. Approximately 60 memberships were converted from 'free' to 'full'.

It was discussed that the intention was primarily to encourage people to join the Association, rather than for financial benefit to the Association. It was agreed that potential members can join within 6 weeks of completing either Part 1 or Part 2 and be offered free membership for the first year. Proposed by Tal; seconded by Diane.

- Kay has not had a chance to follow-up on the EMDRNZ logo.

3. Finances

Update 13 July to 14 September, 2023

Current Balance is: \$109,921.70

Incoming funds have been conference and membership related.

Outgoing funds have been:

- Administration Services \$2680.00
- GST payment \$3,236.86
- Accounting related \$258.75 (Xero)
- Website related \$235.88
- Advertising \$237.50

A Westpac error has meant that the change of signatories is still in process.

To be filed with the Register of Incorporated Societies:

- The minutes of the Special AGM
- Change of Signatories (when finalised)

4. Bicultural Inclusion

Mr Clive Banks and Ms Caroline Ripley joined at 18h45 to discuss how to increase Māori membership and encourage more Māori to join the Board. Some of the ideas discussed by the bi-cultural advisory group in their previous hui were reviewed.

It was suggested that one of the main challenges may be helping Māori to feel welcome and comfortable in the therapeutic space, and that EMDRNZ may need to be a bit more flexible with criteria for attending training. It was also noted that having a clinical supervisor who is already trained in EMDR can also be very helpful in encouraging such an approach to formulating.

The question of whether EMDR was an ‘appropriate’ treatment option for Māori and how EMDR could be ‘indigenised’ more, was also raised. It was identified that should the client not feel trusting towards the clinician or if the treatment approach (in this instance, EMDR) did not congrue with the person’s worldview, they would be unlikely to divulge anything of note. It was recognised that this Kaupapa needs to be considered and incorporated into all training and events in order to assist with this.

Mr Banks and Ms Ripley left the meeting at 19h19.

Following this, the Board discussed how EMDR training could be offered in more diverse geographical locations and even within the context of a marae. The Board agreed to continue considering these issues and resume the discussion at the following Board Meeting. To assist with this, the feedback from Trainers and Consultants that Tal circulated and a summary of the key points from the Bicultural Advisory Group discussions that Diane will forward, will be distributed amongst Board members.

5. Special AGM outcome

A process and timeline were suggested for the voting of Executive Committee members prior to the 2023 Annual General Meeting -

(a) that on 10/10/2023, a notification is sent of the Annual General Meeting to be held at 1 pm on 24/11/2023, and nominations called for Executive Committee members sent in an email to all full members. Nomination statements are to be signed by a member of the society and to be signed by the nominee, along with a brief statement outlining the position they are standing for, their experience and the contribution they hope to bring to the Board. E-signature and email communication are acceptable.

(b) that nominations close on 24/10/2023.

(c) that the EMDRNZ administrator will create an email to the membership with the nominees and a survey for voting. Both the email and the survey are to be sent on 14/11/2023, with a reminder sent on the 17/11/2023.

(d) that online voting can begin on 14/11/2023.

(e) that online voting closes at midday on 21/11/2023.

(f) that the EMDRNZ Administrator collates the results and informs outgoing chair of the results prior to the Annual General Meeting at 1 pm on 24/11/2023.

Proposed by Ian; seconded by Kay.

Ian to ask Indra to send out the new voting rules, notifications and invitations for nominations.

Conference and Workshop

- Update for 2023 – additional speaker fees were requested by presenters. This has increased the costs by an additional \$12 000.00. Venue costs have also increased since the previous years. The schedule is full and registrations numbers are healthy. In-person attendance numbers are almost at a maximum.
- Ian has sent a letter to the Iwi liaison at Te Papa about including tikanga at the 2023 conference. It is still a work in progress. It was acknowledged that mana whenua should be part of the earliest stages of planning and preparation for future conferences.
- 2024 options, location and presenters – planning is underway. The date for the conference may need to be earlier in November, 2024 due to Mr Arne Hofman's availability. It was proposed that the 2024 conference remain in Wellington due to Mr Hofmann's availability, but that in 2025, a venue outside of a main centre be identified.

- New date for Trainer, Case Consultant and Consultant-in-Training training day to be set for late-2023 or early-2024. There was an insufficient number of attendees booked for the initial date following the 2023 Conference and Workshop. It was discussed that the decision to cancel the initial date did not seem clear. It was noted that the Board has previously consulted Board members via email about such matters rather than make decisions without Board member discussion. Tal agreed to look into an alternative date for the training day to go ahead.
6. Website – it was discussed that it is preferable for images of nature be used on the website instead of photographs of Board members, as membership of the Board is likely to change on a fairly regular basis. Sunica to distribute a few examples of such images.
 7. Next: Thursday 12 October, 2023 at 18h15.

Addendum

The agenda point of accreditation was missed due to time pressure during the Board Meeting and a vote was taken by email. The Board is pleased to accept the accreditation applications for:

- Practitioners

Ms Phillipa Peacocke-Duncan (supervised by Ms Ranka Margetic-Sosa)

Ms Carolyn Doughty (supervised by Mrs Roos van der Wees)

- Case Consultants

Ms Helen Inkster (supervised by Ms Astrid Katzur)