EMDRNZ Association Board Meeting 11 May 2023, 18h15 to 19h32

In attendance:

Astrid Katzur
Ian Wood
Janine van Blerk
Kay McKenzie (left at 19h10)
Patrice Bourke
Uta Waterhouse (left at 19h25)

Chair: Astrid Katzur

Minutes: Janine van Blerk

Apologies - Diane Clare, Nici Scott-Savage, Sunica Schreiner, Tal Moore

1. Minutes from previous meeting – 13 April, 2023 Minutes were accepted; proposed by Ian; seconded by Uta.

- 2. Matters arising from previous meeting
 - Astrid advised Lelde concerning refund for Child Training attendees from the Hawkes Bay
 - Astrid informed Mary Ann, Gillian and Vania concerning training accreditation
 - Vavasour Trust has declined our request for funding due to competing funding commitments
 - Astrid informed treasurer (Kay) and Dr Elliot Bell about approval for funding
 - Astrid has completed the newly revised accreditation guidelines document and distributed the first drafts for comments
 - Patrice advised Mark Grant about the Board's decision concerning his request to advertise to the membership

3. Finances

• Update Financial update from 9 March to 11 May 2023

Current bank balance is \$75,860.04 CR

GST return was filed and a refund of \$1,274.94 has been received

The financial statements are being prepared

Yet to be completed is to have Patrice Bourke added as a signatory. It has been impossible to get in contact with Westpac by phone so an email has been sent to request the information needed.

Yet to be completed is the ownership of the EMDRNZ logo to be shown as EMDRNZ rather than Kay McKenzie, Treasurer.

The incoming funds have all been membership related.

The outgoing funds include \$3500 for child training subsidies and \$2806 for Administration services

It was proposed that some of the funds in the bank account might be invested for a return.

Kay to make inquiries about this

- Yearly budget Kay will acquire information from the accountant
- Setting priorities for 2023 conference, website, CiT Training, Bi-cultural Consultations

4. Accreditation applications

Practitioners

Dr Maria Crawford (supervised by Astrid Katzur) – proposed by Astrid; seconded by Kav

Ms Nicola Woodin (supervised by Arianna Struik) – proposed by Astrid; seconded by Patrice

- Case Consultants Nil
- Trainers/Training Nil

5. Cyclone Gabrielle response update

TraumaAid Aotearoa

Astrid and Dr Chris Neuenfeldt will offer G-TEP groups from 19 to 22 August, 2023 in Napier for adults and children. A number of volunteers have already indicated their availability to provide support, but exact dates are yet to be confirmed

6. Website – quote

2 quotes acquired so far. Quotes range from +/- \$12K to +/- \$25K. The quote by 'Strictly Savvy' was considered more acceptable – proposed by Astrid; seconded by Ian

Uta to liaise with Strictly Savvy on behalf of the Board

7. 2023 AGM

Voting process – it was noted that many other professional bodies only have a portion of their Boards retire but remain eligible for re-election at any AGM to ensure continuity of knowledge and practice is maintained. It was further noted that EMDRNZ has until June 2025 to have a final set of rules approved under the new Incorporated Society legislation

requirements. This means that suggested changes now can relate to what we consider essential.

Ian will distribute a draft of these options to all Board members outlining the process other professional bodies are using with recommendations for consideration for EMDRNZ. He will invite feedback prior to the following Board meeting.

- Chair Elect Ian expressed his intention to propose that Patrice be voted in as Chair-Elect at the following Board meeting
- 8. Incorporated Society rules update to include option for both online and in-person voting at the AGM to be recognised

As above

- 9. Administration Indra will recommence her role on 1 June 2023.

 Administrator support for website-related questions a new Board member will required to fulfil this role as Astrid will no longer be available. Not discussed
- 10. Tal's proposal for Training for Consultants-in-Training (CiTs) feedback from Tal on her return; next steps

The Board noted that a higher number of responses from current CiTs about the proposed training programme would have been preferable, given the potential impact on their accreditation process, the amount of work involved in establishing such a training programme and the ensuant costs. It was suggested that further discussion and collaboration should be sought and that that this might take place at the CiT Training Day later this year.

11. Tal's offer to attend the following the Global Alliance meeting in May, 2023 and report back to the Board without entering into any commitments on behalf of EMDRNZ – proposed by Astrid; seconded by Patrice

12. Subcommittees:

Conference and Workshop 2023 - Patrice, Ian and Astrid
 Conference and workshop organisation, including booking venue, booking speaker for workshop, calls for abstracts for conference.

Ms Robyn Shapiro for an extra pre-conference workshop

Registrations for conference to open next week

• ACC and adjunct EMDR therapy - Diane, Ian, Kay and Chris Garvie

Adjunct therapy referral form test

The sub-committee will meet again

• Bi-cultural inclusion - Diane, Anne Woodhouse

The Bi-Cultural sub-committee held its initial meeting in early April 2023. Some issues concerning the website were noted but the sub-committee did not have time to discuss this at any length and will follow up on this at a later date.

The sub-committee also noted the need to update the Society's Constitution to include a more bi-cultural perspective, e.g. Te Tiriti is not referenced in the Constitution. This issue needs to be raised at the AGM. It is recommended that the Constitution be written in Te Reo Māori and cultural advisor should be sought for this. The sub-committee could review and advise amendments to the Constitution and propose the focus for a cultural advisor. It could also propose a suitable koha, with the Board's support.

The importance of Te Tiriti-related training was also discussed and the possibility of incorporating this into the annual conference. The sub-committee will follow up on this and provide further feedback. They will also continue to look at what other professional bodies have done to guide them further regarding indigenised practice.

The sub-committee aims to meet again later in May and additional details will be provided at the June Board meeting.

Accreditation - Tal, Nici, Janine and Astrid

Additional questions proposed -

➤ how to accredit clinicians from overseas or with overseas accreditation? It was suggested that in such circumstances, applications are treated in the same manner as a new application for accreditation

Astrid will add the recommendation to the reviewed accreditation criteria and e-mail to the Board for consideration at the next meeting

➤ do we need a definition of who is a CiT and when to list on the website? Not discussed

Still to be considered -

? develop guidelines for EMDR Child trainer/training

Website upgrade, etc. - Uta, Astrid, and Sunica
 Complete restructure of website; contract for overhaul; improve capacity for PR

See above concerning quote for website restructure

- 13. Any other business Nil
- 14. Next: Thursday 8 June, 2023 at 18h15.